



Supporting child mental health
Whitstable Herne Bay
and Reculver

Newsletter No.1 October 2022

Dear Supporter,

What an incredible year we have had!

From an initial idea to setting up our charity, engaging with local schools to fundraising for the year ahead. This has all been possible with your help and together we are able to have a positive impact on the wellbeing of children across our locality. Thank you!

Setting up

The Coastal Family Hub started as a small idea from an awareness that Covid isolation had taken its toll on families and as a result many children were struggling with mental health issues on their return to school. In liaison with local schools it was clear that support was needed and schools were trying to provide this on increasingly tighter budgets. The Coastal Family Hub was created with a bucketful of positivity and an abundance of hope. Once the CFH received charitable status it was possible to set up a bank account and begin to think about fundraising and setting up the next steps with Fegans and our local schools.

Engaging with Schools

Schools in the Coastal Alliance Cooperative Trust have agreed to welcome counsellors into their schools to work in partnership with them to support their children. We have engaged with the counselling service at Fegans to deliver this support in school. Schools have already identified the children in their schools who will benefit from counselling and the first of these sessions begin this term.



Funding

The planned work with our vulnerable children would not be possible without the much needed donations from people and companies like you. We anticipate that the mental health support offered will greatly impact the future of our young generation. We continue to work hard to secure donations and funding which will enable the longevity of this work.



We had some very exciting news at the end of the last academic year from Colyer Ferguson who have donated enough funds for us to bring forward the second part of our vision.

The Coastal Family Hub website is up and running and this is a great portal for our fundraising.

www.coastalfamilyhub.org.uk

The year ahead – Part 2!

Our plan was always to fund the work of a Family Support Worker however we did not think this would be possible until Year two once donations and fundraising had been established. However we are so pleased to announce that Fegans are advertising for this role and liaising with us for an anticipated January start. The role of the Family Support Worker is to meet with parents and carers to support, guide and build the wellbeing of them and their child.

Future

At the end of the next year we look forward to sharing stories of the positive impact made on schools, families and individuals and how your contributions are funding a powerful local force for good.

Thank you for your continued support,

The Coastal Family Hub Trustees

UK Charities number: 1198683